

32nd Annual SOU Volleyball Camp

R a i d e r V o l l e y b a l l C a m p

Regional
or
Conference
Champions

'01 '02 '03
'04 '05
'07

* 34 hours of contact (coached and playing)

* 8 to 1 camper to coach ratio

* Individualized instruction (special help)

* Mental aspect of the game

* Top player demonstrations for campers

2009

SUMMER July 26 - 30
www.souraiders.com



- Coaching staff that includes 3 state “Coach of the Year”
 - 14 Conference “Coach of the Year”
 - 3 Collegiate Regional “Coach of the Year”
- Staff also includes Present and Former Raider standouts, Other Present Division I standouts, Collegiate All-Americans, and The SOU Coaching Staff

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2009 SOU Volleyball Camp Registration

Application and Camp Cost:

Camp is open to the first 150 campers who send in their application along with a \$75.00 non-refundable deposit. The balance due is payable at registration upon arrival to camp July 26, 2009. Space is limited, we filled early last summer. Make Checks Payable to SOU Volleyball Camp.

Lodging and Meals:

Lodging is provided by the University residence hall facilities. All linens are provided. The university will provide all meals. Price varies by camp plan. **(Circle Plan and Shirt Size)**

Plan #1



Commuter Plan
\$235.00 for camp sessions
No Lodging/No Meals

Plan#2



Commuter w/meal plan
\$290.00 for camp sessions
7 Meals

Plan#3



Residence Plan
\$360.00 for camp sessions
Lodging/11 meals

T-Shirt Size (Adult Sizes) S M L XL XXL

Registration:

Registration is on Sunday, July 26, 2009.* Located in McNeal Hall from 4:00 to 5:00 PM for all Resident campers and 5:00 to 6:00 PM for all commuters. Meals will not be served on Friday night. A confirmation letter including a map will be sent upon receipt of the registration and deposit arrival.

Pick-up and Return:

We can arrange to pick up individuals at Medford International Airport or the Ashland bus station on the days of check-in and check-out. We must be notified prior to the beginning of camp.

Camp Mission:

The SOU Volleyball Camp is designed to teach the ideas, techniques, fundamentals, attitude, and discipline to be successful in volleyball and everyday life. We want to ensure that every individual has fun making new friends and is willing to work hard to become a better volleyball player.

Campers must range from 7th-12th grade.

What to Bring:

Campers should bring court shoes, kneepads, water bottle, plenty of shorts, shirts, socks, and a swimsuit. In addition campers should bring soap, toiletries, towels, and an alarm clock.

Deposit and Payment info:

A \$75.00 non-refundable deposit should be sent to SOU business services no later than July 10, 2009. SOU Volleyball Camp:

Check Money Order Enclosed

Visa MasterCard

Total Amount \$ _____

Make checks/money orders Payable to SOU Volleyball Camp:

Card # _____

Expires: _____

Signature: _____

Mail to:

SOU Volleyball
Jim Reisinger -Volleyball Camp
1250 Siskiyou Boulevard
Ashland, OR 97520

Camper Name: _____

Email (Legible): _____

Address: _____

City: _____ State _____ Zip _____

Grade Entering: _____

Phone Number: _____

Insurance

You must provide a primary insurance carrier. All campers must have primary insurance to attend SOU Volleyball camp

I hereby, authorize the staff of the Southern Oregon University Volleyball Camp to act for me according to their best judgment in any emergency requiring medical attention. I also hereby waive and release Southern Oregon University and the staff of the Southern Oregon University Volleyball Camp from any and all liability for any injuries sustained while my daughter is at Camp. I have no knowledge of any physical impairment that would affect my daughter's participation in the volleyball camp.

Name of Insurance Company

Policy Number

Medical Concerns/Alert

Drug Allergies

Signature of Parent / Guardian

Date

Print Name of Parent/Guardian

Signature of Participant

Date

Print Name of Participant

Emergency Contact Information (Please Print)

1) Contact/Relation/Number: _____

2) Contact/Relation/ Number: _____